

10 Things You Can Do

To Promote Teen Dating Abuse Awareness



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National Teen Dating Abuse Helpline

If you only have a few minutes...

- ◉ Ask the school nurse or a teacher to make dating abuse brochures and quizzes available to students.




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If you only have a few minutes...

- Join loveisrespect, National Teen Dating Abuse Helpline on Myspace or Facebook. Post our “I believe that love is respect” badge to your profile.



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If you only have a few minutes...

- ◎ Promote awareness of teen abuse violence by hanging posters at your school or on a community bulletin board. You can make your own or use ours. Download and print them through loveisrespect.org.



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If you only have a few minutes...

- ◉ Stay educated. Learn to recognize relationship abuse and what to say to a friend in an abusive relationship. Once you've done this, you may be surprised by the people that turn to you for help.



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If you have more than a few minutes...

- Write an article about teen dating abuse and submit it to your campus or town newspaper. Include a referral to www.loveisrespect.org for your readers that may be in abusive relationships.



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If you only have a few minutes...

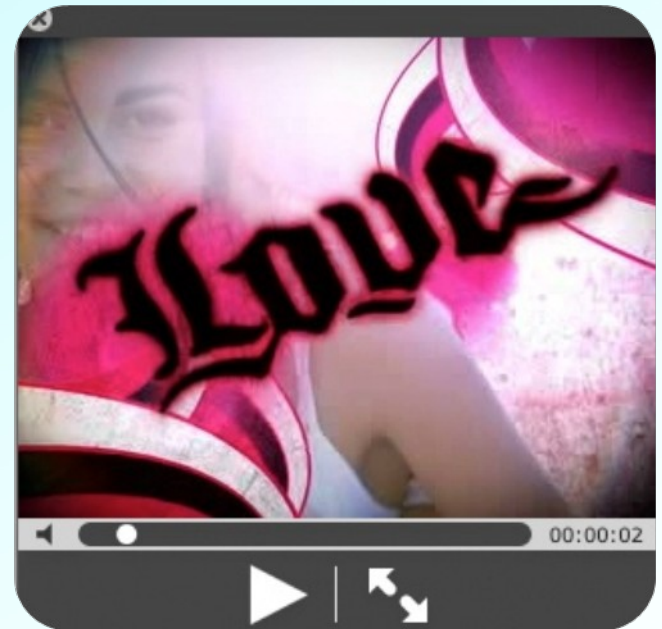
- ◎ Forward our editorial to your school newspaper editor or sponsor



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If you have more than a few minutes...

- ◎ Create a Public Service Announcement or video to create awareness about dating abuse. Share it with your friends (send it to us <http://www.youtube.com/loveisrespect> too!) through YouTube <http://www.youtube.com/loveisrespect> or your Myspace and Facebook profile.



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If you have more than a few minutes...

- ◉ Set up a table at lunch to provide dating abuse materials to students at your school. Contact your local domestic violence program and ask about volunteer opportunities. Also, ask about projects they may have specific to teen dating abuse. A loveisrespect peer advocate can help you locate the program in your area.

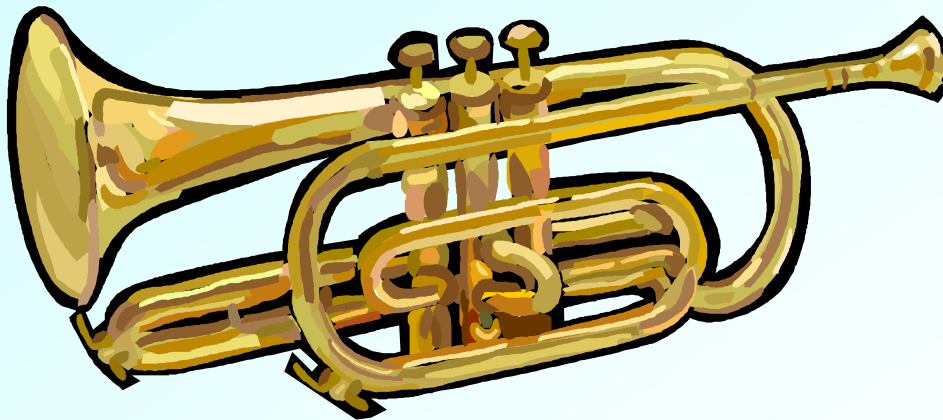


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If you have more than a few minutes...

- Organize a school wide assembly or fundraiser on dating abuse. Invite speakers from local domestic or dating abuse programs. Involve a variety of clubs or groups at school. Ask the drama club to perform, the literary magazine staff to read poetry, and the band or musicians to play.



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If you have more than a few minutes...

- Start a healthy relationship and dating abuse awareness club. Find a teacher to sponsor the club and help you get started by creating a mission statement. If there's already an anti-violence or social service club in your school, ask if dating abuse can be included in their focus



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